

DANANA DEKKY DLASI	54.50
ORANGE JUICE, STRAWBERRIES, BANANA,	
WATER, TURBINADO, ICE	
STRAWBERRY BLAST	\$4.50
APPLE JUICE, STRAWBERRIES, BANANA,	
WATER, TURBINADO, ICE	
ICI AND RIACT	ca 50

ISLAND BLAST \$4.50 orange juice, apple juice, navel orange, peaches, yogurt, turbinado, ice

ORANGE CREAM DREAM
ORANGE JUICE, NAVEL ORANGE, BANANA,
YOGURT, TURBINADO, ICE

BERRY BLAST
APPLE JUICE, STRAWBERRIES, BLUEBERRIES,
BANANA, YOGURT, TURBINADO, ICE

TROPICAL BLAST
ORANGE JUICE, APPLE JUICE, NAVEL ORANGE,
BLUEBERRIES, PINEAPPLE, BANANA,
TURBINADO, ICE

BOOSTERS

GNC MEGA MEN MAX NUTRITION
GNC 100% WHEY PROTEIN
X-PLODE XL
\$1.65 EXTRA
\$1.65 EXTRA

BLENDED COFFEE DRINKS

CAFE PARK-UCCINO	\$3.95
MOCHA PARK-UCCINO	\$3.95
CHAI PARK-UCCINO	\$3.95
CARAMEL PARK-UCCINO	\$3.95

COFFEE DRINKS

OUT LL DIVITA	SHORT	VENTE
ESPRESSO	\$1.75	\$2.75
MACCHIATO	\$1.95	\$2.95
CAFE LATTE	\$2.75	\$3.95
CAPPUCCINO	\$2.75	\$3.95
CAFE MOCHA	\$2.95	\$4.15
CAFE AMERICANO	\$1.95	\$2.95
CHAI	\$2.75	\$3.75
CAFE AU LAIT	\$1.95	\$2.95

EXTRA SHOT OF ESPRESSO \$.99 ASSORTED FLAVORED SYRUP \$.75

Featuring Quartermaine Coffee Roasters
Organic and Fair Trade!

JUST FOR KIDS

ONLY SERVED ON PLAIN BAGELS
SINGLE CHEESE MELT BAGEL \$2.25
SINGLE PIZZA BAGEL \$2.25

BAKERY

FEATURING A REVOLVING ASSORTMENT OF MUFFINS, COOKIES, CUP CAKES, & CINNAMON BUNS. PLEASE CALL TO INQUIRE ABOUT OUR DAILY SELECTIONS!



\$4.50

\$4.50

WE ACCEPT THE LOYOLA EVERGREEN CARD, JOHNS HOPKINS J-CARD AND TOWSON ONE CARD.

* PRICES AND SELECTIONS SUBJECT TO CHANGE WITHOUT NOTICE.

Thoroughly cooking foods of animal origin such as beef, eggs, fish, lamb, pork, poultry or shellfish reduces the risk of food-borne illness. Individuals with certain health conditions may be at higher risk if these foods are consumed raw or undercooked. Consult your physician or public health office for further information.

We strive to provide a large selection of products for guests who have certain food allergies, follow special diets or prefer specific ingredients. Despite taking every precaution, we cannot guarantee that our items are free of trace amounts of nuts, tree nuts, wheat, dairy, eggs, soy, fish, shellfish or other allergens.

Visit some of our other fine restaurants!



513 W Cold Spring Lane, (410) 889-5272

Inner Harbor

750 E Pratt Street, (410) 528-5373

www.MissShirleys.com

Pizza • Wings • Hoagies • Pasta Ice Cream • Snowballs

> 410 W Cold Spring Lane (410) 235-5999

Annapolis
1 Park Place, (410) 268-5171 www.SghettiEddies.com

Fall 2012





LOCALLY OWNED & OPERATED
OPEN 7 DAYS A WEEK
FREE WI-FI

TEXT RPBC TO 839863 FOR DISCOUNTS, SPECIAL OFFERS AND FREE STUFF!

500 W COLD SPRING LANE BALTIMORE, MD 21210 P (410) 889-3333 F (410) 889-3337 WWW.ROLANDPARKBAGELCO.COM



BAGELS

EACH	\$1.10
1/2 DOZEN	\$5.95
DOZEN	\$11.95
PLAIN, ONION, CINNAMON RAISIN,	POPPY,
SESAME, PUMPERNICKEL, EGG, RY	E, GARLIC,
WHEAT, CHEDDAR, BLUEBERRY, C	HOCOLATE
CHIP, FRENCH TOAST, MARBLE, EV	ERYTHING,
& PARMESAN ROMANO	
*ALL FLAVORS MAY NOT BE AVAILABLE AT	
8 OZ CONTAINERS OF CREAM CHEESE AV. PLAIN, LITE, VEGGIE, SMOKED SALMON, C	
RAISIN & SCALLION	
PLAIN TOASTED	\$1.30
PLAIN/LITE CREAM CHEESE	\$2.40
FLAVORED CREAM CHEESE	\$3.10
VEGGIE, SMOKED SALMON, CINNAMON	
RAISIN & SCALLION	↑ □ ○ □
SLICED NOVA SALMON	\$7.95
BUTTER & JELLY	\$1.95
BUTTER	\$1.75
HUMMUS	\$3.25

BREAKFAST SANDWICHES

ADD FOUNTAIN SODA WITH SANDWI	ICH \$.99
EGG SANDWICH	\$2.95
EGG & CHEESE SANDWICH	\$3.25
BACON, EGG & CHEESE	\$4.25
SAUSAGE, EGG & CHEESE	\$4.25
HAM, EGG & CHEESE	\$4.25
TAYLOR PORK ROLL, EGG & CHEESE	\$4.25
TAYLOR PORK ROLL	\$3.75

SANDWICHES

SERVED WITH CHIPS OR APPLE & A PICKLE ADD FOUNTAIN SODA WITH SANDWICH \$.99
ADD SOUP WITH SANDWICH \$3.25
ADD SIDE SALAD \$2.95

	U• ia U
ADD SIDE SALAD \$2.95	
CORNED BEEF	\$6.99
ROASTED TURKEY BREAST	\$6.99
BAKED HONEY HAM	\$6.99
CHICKEN SALAD	\$6.99
TUNA SALAD	\$6.99
TUNA MELT	\$6.99
BLT	\$5.99
BACON, LETTUCE & TOMATO	
POWERHOUSE	\$5. 99
LETTUCE, TOMATO, CUCUMBER, CARROTS, SPROUTS & CHEESE	
CHICKEN BREAST	\$6.99
CHICKEN BREAST BLT	\$7.99
BACON, LETTUCE, TOMATO & CHEESE	
EGG SALAD	\$5. 99
TURKEY CLUB	\$7.99
BACON, LETTUCE, TOMATO & CHEESE	
HAM CLUB	\$7.99
BACON, LETTUCE, TOMATO & CHEESE	
CHEESE MELT	\$4.25
PIZZA BAGEL (ON PLAIN BAGEL)	\$4.50
A ROUND AND A WEATHER COMMITTEE OF A BUTTLE WHEN AND A REAL PROPERTY OF A BUTTLE WHEN	# TO (7

ADD TO ABOVE SANDWICHES:

TOMATO, CUCUMBER, SPROUTS OR CHEESE

(AMERICAN, SWISS, MUENSTER, CHEDDAR OR HAVARTI)
BREAD CHOICES INCLUDE:

BAGEL, CIABATTA, FLAT BREAD, PRETZEL ROLL, RYE

PANINIS

SERVED WITH CHIPS OR APPLE & A PICKLE

	11 1 1011-12
INCLUDES YOUR CHOICE OF AMERICAN, SWISS, MUENSTER, CHEE	
TURKEY	\$7.65
HAM	\$7.65
CHICKEN BREAST	\$7.65
ROASTED VEGGIE	\$6.65

SALADS

TOSSED SALAD ICEBURG LETTUCE, CARROTS, TOMATO & CUCUMBER	\$3.95
CHEF SALAD ICEBURG LETTUCE, CARROTS, TOMATO, CUCUMBER, HAM, TURKEY, AMERICAN CHEESE & EGG	\$7.95
SIDE CAESAR ROMAINE LETTUCE & CROUTONS WITH CAESAR DRESSING	\$3.95
CHICKEN CAESAR ROMAINE LETTUCE, CROUTONS & GRILLED CHICKEN WITH CAESAR DRESSING	\$7.95

SOUP/SIDES

SOUP OF THE DAY	\$3.95
3 BACON STRIPS	\$2.95
SAUSAGE	\$2.25
ORGANIC GREEK YOGURT	\$2.75
YOGURT PARFAIT	\$4.75
FRUIT CUP	\$4.75

BEVERAGES

	SM	MED	LG
FOUNTAIN SODA		\$1.99	
COFFEE (QUARTERMAINE)	\$1.75	\$2.25	\$2.55
ICED COFFEE (QUARTERMAINE)			\$2.25
TAZO HOT TEA	\$1.50		
HOT CHOCOLATE	\$1.85	\$2.35	\$2.85
CHOCOLATE/WHITE MILK	\$1.95		
ICED TEA		\$1.99	
TROPICANA O.J.	\$2.50		
APPLE JUICE (VERY FINE)	\$1.75		
BOTTLED DRINKS	\$1.95	- \$2.95	,