

REAL FRUIT SMOOTHIES

BANANA BERRY BLAST
ORANGE JUICE, STRAWBERRIES, BANANA,
WATER, TURBINADO, ICE

SMALL \$3.95 LARGE \$4.25

STRAWBERRY BLAST
APPLE JUICE, STRAWBERRIES, BANANA,
WATER, TURBINADO, ICE

\$3.95 \$4.25

ISLAND BLAST
ORANGE JUICE, APPLE JUICE, NAVEL ORANGE,
PEACHES, YOGURT, TURBINADO, ICE

\$3.95 \$4.25

ORANGE CREAM DREAM
ORANGE JUICE, NAVEL ORANGE, BANANA,
YOGURT, TURBINADO, ICE

\$3.95 \$4.25

BERRY BLAST
APPLE JUICE, STRAWBERRIES, BLUEBERRIES,
BANANA, YOGURT, TURBINADO, ICE

\$3.95 \$4.25

TROPICAL BLAST
ORANGE JUICE, APPLE JUICE, NAVEL ORANGE,
BLUEBERRIES, PINEAPPLE, BANANA,
TURBINADO, ICE

\$3.95 \$4.25

BOOSTERS

GNC MEGA MEN MAX NUTRITION
GNC 100% WHEY PROTEIN
X-PLODE XL

\$1.25 EXTRA
\$1.25 EXTRA
\$1.25 EXTRA

BLENDED COFFEE DRINKS

CAFFE PARK-UCCINO
MOCHA PARK-UCCINO
CHAI PARK-UCCINO
CARAMEL PARK-UCCINO

SHORT VENTE
\$3.25 \$3.75
\$3.50 \$3.95
\$3.50 \$3.95
\$3.50 \$3.95

COFFEE DRINKS

ESPRESSO
MACCHIATO
CAFE LATTE
CAPPUCCINO
CAFE MOCHA
CAFE AMERICANO
CHAI
CAFE AU LAIT

SHORT VENTE
\$1.60 \$2.55
\$1.80 \$2.65
\$2.55 \$3.95
\$2.55 \$3.95
\$2.85 \$4.15
\$1.85 \$2.75
\$2.65 \$3.75
\$1.75 \$2.25

EXTRA SHOT OF ESPRESSO \$.75 ASSORTED FLAVORED SYRUP \$.65



Featuring Quatermaine Coffee Roasters
Organic and Fair Trade!



JUST FOR KIDS

ONLY SERVED ON PLAIN BAGELS

SINGLE CHEESE MELT BAGEL \$1.95
SINGLE PIZZA BAGEL \$1.95
SINGLE PB & J BAGEL \$1.25

BAKERY

FEATURING A REVOLVING ASSORTMENT
OF MUFFINS, COOKIES AND CUP CAKES.
PLEASE CALL TO INQUIRE ABOUT OUR
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TOWSON ONE CARD.



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7/22/09

★ PRICES AND SELECTIONS SUBJECT TO CHANGE
WITHOUT NOTICE.



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MON - FRI 6:30 AM
SAT & SUN 7:00 AM

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FOR DISCOUNTS, SPECIAL
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BAGELS

EACH	\$.99
1/2 DOZEN	\$5.50
BAKERS DOZEN	\$10.95
PLAIN, ONION, CINNAMON RAISIN, POPPY, SESAME, PUMPERNICKEL, EGG, RYE, GARLIC, WHEAT, SPINACH, CHEDDAR, BLUEBERRY, CHOCOLATE CHIP, FRENCH TOAST, JALAPENO, MARBLE, EVERYTHING, SUNDRIED TOMATO AND BIALY	
*ALL FLAVORS MAY NOT BE AVAILABLE AT ALL TIMES	

PLAIN TOASTED	\$1.25
PLAIN/LITE CREAM CHEESE	\$2.10
CHOICE OF BAGEL & CREAM CHEESE	\$2.95
VEGGIE, SMOKED SALMON, WALNUT RAISIN & SCALLION	
SLICED NOVA SALMON	\$7.95
PEANUT BUTTER & JELLY	\$2.35
PEANUT BUTTER	\$1.85
BUTTER & JELLY	\$1.65
BUTTER	\$1.25
JELLY	\$1.50
HUMMUS	\$2.95

BREAKFAST SANDWICHES

EGG SANDWICH	\$2.50
EGG & CHEESE SANDWICH	\$3.10
BACON, EGG & CHEESE	\$3.85
SAUSAGE, EGG & CHEESE	\$3.85
HAM, EGG & CHEESE	\$3.85
TAYLOR PORK ROLL, EGG & CHEESE	\$3.85
TAYLOR PORK ROLL	\$3.25
TEXAS FRENCH TOAST	\$3.95

SANDWICHES

SERVED WITH CHIPS & A PICKLE

ROASTED TURKEY BREAST	\$6.99
BAKED HONEY HAM	\$6.99
CHICKEN SALAD	\$6.99
TUNA SALAD	\$6.99
TUNA MELT	\$6.99
BLT	\$5.99
BACON, LETTUCE & TOMATO	
POWERHOUSE	\$5.99
LETTUCE, TOMATO, CUCUMBER, CARROTS, SPROUTS & CHEESE	
CHICKEN BREAST	\$6.99
CHICKEN BREAST BLT	\$7.99
BACON, LETTUCE, TOMATO & CHEESE	
EGG SALAD	\$5.99
TURKEY CLUB	\$7.99
BACON, LETTUCE, TOMATO & CHEESE	
HAM CLUB	\$7.99
BACON, LETTUCE, TOMATO & CHEESE	

ADD TO ABOVE SANDWICHES:
TOMATO, CUCUMBER, SPROUTS OR CHEESE (AMERICAN, SWISS, MUENSTER, CHEDDAR OR HAVARTI)
BREAD CHOICES INCLUDE:
BAGEL, CIABATTA, FLAT BREAD, PRETZEL ROLL
ADD SOUP WITH SANDWICH \$3.25
ADD SIDE SALAD \$2.95

CHEESE MELT	\$3.50
PIZZA BAGEL (ON PLAIN BAGEL)	\$3.50

PANINIS

SERVED WITH CHIPS & A PICKLE

INCLUDES YOUR CHOICE OF CHEESE:
AMERICAN, SWISS, MUENSTER, CHEDDAR OR HAVARTI

TURKEY	\$6.99
HAM	\$6.99
CHICKEN BREAST	\$6.99
ROASTED VEGGIE	\$5.95

SALADS

TOSSED SALAD	\$3.50
ICEBURG LETTUCE, CARROTS, TOMATO & CUCUMBER	
CHEF SALAD	\$7.95
ICEBURG LETTUCE, CARROTS, TOMATO, CUCUMBER, HAM, TURKEY, AMERICAN CHEESE & EGG	
SIDE CAESAR	\$3.50
ROMAINE LETTUCE & CROUTONS WITH CAESAR DRESSING	
CHICKEN CAESAR	\$7.95
ROMAINE LETTUCE, CROUTONS AND GRILLED CHICKEN WITH CAESAR DRESSING	

SOUP/SIDES

SOUP OF THE DAY	\$3.95
3 BACON STRIPS	\$2.25
SAUSAGE	\$1.95
YOGURT PARFAIT	\$3.95
FRUIT CUP	\$3.95

BEVERAGES

	SM	MED	LG
FOUNTAIN SODA	\$1.25	\$1.75	\$1.99
COFFEE (QUARTERMAINE)	\$1.25	\$1.95	\$2.25
ICED COFFEE (QUARTERMAINE)		\$1.95	\$2.25
TAZO HOT TEA	\$1.50		
HOT CHOCOLATE	\$1.50	\$1.95	\$2.50
CHOCOLATE/WHITE MILK	\$1.65		
ICED TEA	\$1.25	\$1.75	\$1.99
TROPICANA O.J.	\$2.25		
APPLE JUICE (VERY FINE)	\$1.65		
BOTTLED DRINKS	\$1.50 - \$2.50		